

# ANESTHESIA CAMP II

## Costa Rica

### REGISTRATION

Complete and return the enclosed registration form or register online at:  
<http://cmetracker.net/DUKE/Courses.html>

The course fee is **\$995** for physicians and nurse anesthetists, and includes the conference syllabus, continental breakfasts and refreshment breaks. \$100 will be retained to cover administrative expenses should you cancel your registration. There will be no refunds after **September 28, 2009**.

### Optional session:

#### "Sail with the Professors"

Fee: \$275 per person for those receiving CME/CE credit, and \$165 per person for accompanying family/partners not receiving CME/CE credit.



### ACCOMMODATIONS

Spilling down a coastal hillside to an isthmus of golden sand, the **Four Seasons Resort Costa Rica at Peninsula Papagayo** creates an ambiance of simple luxury in this pristine natural setting.

Perched above two unspoiled beaches on Costa Rica's Pacific coast, the resort features a championship golf course, an indigenous spa, and the magic of the tropical dry forest.

We have reserved a block of rooms exclusively for registrants. The group rate is **US\$395** per night with a food and beverage credit of **US\$50** per room, per night, to be applied at check-out. The group rate is applicable three days before and three days after the meeting, subject to availability.

Updated 6/1/09

Reservation instructions will be provided in your registration confirmation. *Please book your reservation early as the room block is likely to sell out before the deadline.*

### GETTING THERE

The Four Seasons Resort is located 45 minutes from the **Daniel Oduber International Airport (LIR)** in Liberia, Costa Rica and 4 hours from **Juan Santamaria International Airport (SJO)** in San Jose, Costa Rica.

**NOTE:** As of May 2009, flights have not been announced from the U.S. to Liberia on Tue 10/27. If you plan to book air travel now, we recommend the following options:

- 1) Fly into Liberia (LIR) on Mon 10/26 to enjoy an extra day exploring nature's paradise, or join us for the optional excursion, "Sail with the Professors."
- 2) Fly into San Jose (SJO) on Tue 10/27 and connect to commuter flights serving LIR on Sansa or Nature Air. Nature Air flights require airfield transfer.

If you plan to take ground transportation from SJO to the Four Seasons Resort, please note the trip is approximately 4 hours over country roads.

*All visitors to Costa Rica must possess a passport valid for at least three months from the date of arrival.*

### DESTINATION INFORMATION

For more information on this destination, we invite you to visit the following websites:  
[www.fourseasons.com/costarica](http://www.fourseasons.com/costarica)  
[www.visitcostarica.com](http://www.visitcostarica.com)  
[www.costaricabureau.com/guanacaste.htm](http://www.costaricabureau.com/guanacaste.htm)

## ANESTHESIA CAMP Schedule

**Laguna Beach, California**  
October 1-3, 2009

**Guanacaste, Costa Rica**  
October 27-31, 2009

**St. Thomas, U.S. Virgin Islands**  
January 27-30, 2010

[www.destinationCME.com](http://www.destinationCME.com)

# ANESTHESIA CAMP II Costa Rica



## Four Seasons Resort at Peninsula Papagayo

Guanacaste, Costa Rica

October 27-31, 2009\*

*\*Optional excursion on Tue 10/27*

### ACTIVITY MEDICAL DIRECTOR

**John E. Ellis, MD**

Adjunct Professor, Department of Anesthesiology and Critical Care  
University of Pennsylvania School of Medicine

### ACTIVITY MEDICAL CO-DIRECTOR

**Scott R. Schulman, MD**

Associate Professor, Department of Anesthesiology  
Duke University Medical Center

Jointly sponsored by



**Duke School of Medicine**

**destinationCME**

# ANESTHESIA CAMP II, COSTA RICA



Jointly sponsored by the Duke University School of Medicine and destinationCME

## Four Seasons Resort at Peninsula Papagayo Guanacaste, Costa Rica October 27-31, 2009\*

\*Optional excursion on Tuesday, October 27<sup>th</sup>

**STATEMENT OF NEED:** This activity is designed to help clinicians learn how to manage patients undergoing complex surgery so as they emerge faster, with less pain, nausea and vomiting, and hasten the return of functional status.

**TARGET AUDIENCE:** Anesthesiologists, hospitalists, intensivists, pain management physicians; CRNAs.

**DISCLOSURE:** The Duke University School of Medicine adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of the planning committee and faculty's commercial relationships will be made known at the activity. Speakers are required to openly disclose any limitations of data and/or any discussion of any off-label, experimental, or investigational uses of drugs or devices in their presentations.

**RESOLUTION OF CONFLICTS OF INTEREST:** In accordance with the ACCME Standards for Commercial Support of CME, the Duke University School of Medicine will implement mechanisms, prior to the planning and implementation of this CME activity, to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity.

**DISCLAIMER:** The information provided at this CME/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition.

**LEARNING OBJECTIVES:** Upon completion of this educational activity, participants should be able to:

1. Pre-operatively identify high-risk patients,
2. Manage outpatients for surgery with quicker emergence, less pain, and less nausea, and
3. Manage patients undergoing complex procedures.

**CREDIT DESIGNATION\*:** The Duke University School of Medicine designates this educational activity for a maximum of 22.0 *AMA PRA Category 1 Credits*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Approved by the American Association of Nurse Anesthetists for 22 CE Credits; Code Number 31756, Expiration Date: October 31, 2009.

\*General Session offers up to 20.0 credits. Optional Case Discussion offers up to 2.0 credits

**ACCREDITATION:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Duke University School of Medicine and destinationCME. The Duke University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## FACULTY

### Carin A. Hagberg, MD

Joseph C. Gabel Professor and Chair  
Department of Anesthesiology  
University of Texas Medical School at Houston

### Jonathan Moss, MD, PhD

Professor and Vice-Chairman  
Department of Anesthesia & Critical Care  
The University of Chicago

### Sachin Kheterpal, MD, MBA

Assistant Professor of Anesthesiology  
Department of Anesthesiology  
University of Michigan Medical School  
Physician Lead for Perioperative  
Performance Measures  
Office of Clinical Affairs  
University of Michigan  
Hospitals and Health Centers

## MEETING SCHEDULE

### Tuesday, October 27

2:00-6:00 pm **OPTIONAL:** "Sail with the Professors: Interesting Cases from the Real World" (Case discussion: 2 hours CME/CE credit) Faculty

### Wednesday, October 28

7:00 am Airway Evaluation and Management Focused Upon Bag-Mask Ventilation Dr. Kheterpal  
8:00 am Review of the ASA Guidelines for Management of the Difficult Airway Dr. Hagberg  
9:00 am Coffee Break  
9:30 am Laryngeal Mask Airway Replaces Endotracheal Intubation – Step Forward or Back? Dr. Hagberg  
10:30 am Protocols and Guidelines for Obstructive Sleep Apnea Dr. Ellis  
11:30 am Morbidity & Quality Improvement Conference: ABC - Airway M&M Cases from Michigan and Houston Drs. Ellis/Hagberg/Kheterpal  
12:00 noon Questions and Answers Drs. Ellis/Hagberg/Kheterpal  
12:30 pm Adjourn

### Thursday, October 29

7:00 am Extubation of the Difficult Airway Dr. Hagberg  
8:00 am Acquiring Difficult Airway Management Skills Beyond Residency Dr. Hagberg  
9:00 am Coffee Break  
9:30 am Herbal Medicines in the Perioperative Period Dr. Moss  
10:30 am FDA and Drug Safety in Anesthesia Dr. Ellis  
11:30 am Morbidity & Quality Improvement Conference: When to Allow a New Drug to be Used in Your Department? Drs. Ellis & Hagberg  
12:00 noon Questions and Answers Drs. Ellis/Hagberg/Moss  
12:30 pm Adjourn

### Friday, October 30

7:00 am Development Of Methylalntrexone: Morphine's Secrets Revealed Dr. Moss  
8:00 am Anesthesia And Allergy I Dr. Moss  
9:00 am Coffee Break  
9:30 am Anesthesia And Allergy II Dr. Moss  
10:30 am Perioperative Myocardial Ischemia and Infarction Dr. Ellis  
11:30 am Morbidity & Quality Improvement Conference – Opiate Complications; Avoiding them in the Perioperative Period Drs. Ellis & Moss  
12:00 noon Questions and Answers Drs. Ellis & Moss  
12:30 pm Adjourn

### Saturday, October 31

7:00 am Anesthesia for Major Abdominal Cancer Resection Dr. Ellis  
8:00 am Renal Risk and Preservation Dr. Kheterpal  
9:00 am Coffee Break  
9:30 am Perioperative Normothermia Dr. Kheterpal  
10:30 am Practical Clinical Updates – Lessons Learned from Large Dataset Research Dr. Kheterpal  
11:30 am Morbidity & Quality Improvement Conference: Hypothermia Begets Bleeding Begets Transfusion Begets Poor Outcome - System Responses? Drs. Ellis & Kheterpal  
12:00 noon Questions and Answers Drs. Ellis & Kheterpal  
12:30 pm Adjourn



## Registration Form

Please clearly PRINT information:

**First Name:** \_\_\_\_\_ **Mi:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Degree:**  **MD**  **DO**  **CRNA**  **PA**  **Other** (please specify): \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Department/Specialty:** \_\_\_\_\_

**Email:** \_\_\_\_\_

Note: CME certificates will be issued via email.

**Mailing Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**Telephone Number:** ( \_\_\_\_\_ ) \_\_\_\_\_ **Fax#:** ( \_\_\_\_\_ ) \_\_\_\_\_

**Duke ID** (if applicable): \_\_\_\_\_ **Birth date (MM/DD only):** \_\_\_\_\_

- Do not include me in the Duke CME Mailing List.
- Do not include me in the Vendor/Company Mailing List.

**Course Fees**

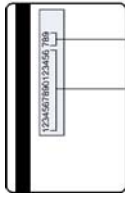
- \$995** Course (per MD/CRNA)
- \$275** Sail with the Professors (per MD/CRNA)
- \$165** Sail with the Professors (per accompanying family member) **Total:** \_\_\_\_\_

**Payment and Billing Information:**

**MasterCard**  **Visa** **Card Number:** \_\_\_\_\_

**Check enclosed** (Duke's FEIN #: 56-0532129) **Card 3-digit verification#:** \_\_\_\_\_

**Expiration Date (MM/YYYY):** \_\_\_\_\_ **Signature:** \_\_\_\_\_



Credit card number      Card verification number

**Billing address is same as mailing address**

**First Name:** \_\_\_\_\_ **Mi:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**Country:** \_\_\_\_\_

Please mail or fax form, along with check, to:

Duke Office of CME  
3100 Tower Boulevard  
Suite 1300, Durham, NC 27707  
(919) 401-1213 FAX