

### Learn in A Beautiful, Relaxed Setting

The Montage Laguna Beach Resort & Spa is the perfect place for learning in a one-on-one environment. State-of-the-art meeting facilities are available in a fantastic new resort! Enjoy the beach before you head to the desert! The ASA (American Society of Anesthesiologists) meeting immediately follows our course in Las Vegas, a short flight away. We are not, however, affiliated with ASA.

### An Amazing Resort!

Striking turn-of-the-century architecture, pristine white sand beaches, and the historic and artistic charm of a quiet seaside village all converge at Montage Resort & Spa in Laguna Beach -- the new beachfront luxury resort with heart-stopping panoramas of the Pacific.

Inspired by the breathtaking physical surroundings and the enduring creative spirit of the artists who settled in Laguna Beach nearly a century ago, this new coastal destination opened its doors in February 2003. The 262-room resort is situated on 30 verdant acres in the heart of Laguna Beach and features distinctive wood and stone craftsman-style architecture, complimented by lush, indigenous landscaping with winding pathways.

The resort's luxurious accommodations beckon guests to intimately experience the raw beauty of the powerful surf and vast shoreline. Each room boasts awe-inspiring ocean panoramas.

### A Seaside Spa Invigorates the Mind and Body!

A resort showpiece, the 20,000-square-foot indoor/outdoor oceanfront Spa Montage encourages guests to enjoy fresh sea breezes and watch the breaking waves, while undertaking an invigorating workout or a soothing yoga session. The spa offers comprehensive programs and a la carte services ranging from herbal and hydrotherapy body treatments to fitness consultation and classes such as aerobics, beachside yoga and Tai Chi. The oceanfront facilities, with floor-to-ceiling windows to fully capture the breathtaking vistas, feature: a full-service beauty salon; a lap pool; a fitness room with state-of-the-art weights and machines; a yoga/aerobics studio and boutique.

A total of 21 treatment rooms include: 12 massage rooms; four facial treatment rooms; two hydrotherapy rooms; and three specialty indoor/outdoor rooms that can be used for a single or couple's massage or hydrotherapy treatment.

### Culinary delights await you at Montage!

A talented culinary staff oversees Montage Resort & Spa's four dining venues, including The Loft, a casual, all-day ocean view restaurant; Mosaic Grille, a relaxing bluff-side terrace; and the Lobby Lounge for enjoying afternoon tea, spirits and entertainment. The signature dining venue is Studio, spearheaded by one of the region's most acclaimed chefs, the award-winning James Boyce who joined the resort after heading up Mary Elaine's in Scottsdale, AZ.

### Enjoy the water!

Montage Resort & Spa sits on an unspoiled stretch of Pacific Ocean Beach. During October, the average temperatures are 76 high and 55 low. Opportunities abound for fishing expeditions in Dana Point, 3 miles away. Newport Beach, 11 miles away, has a world-renowned harbor as well that abounds in recreational activities. The Montage Concierge can assist with such reservations.

### Art and Shopping!

Montage is located just two miles from the heart of Laguna Beach and its myriad of shops, museums and galleries. See [www.lagunabeach.net](http://www.lagunabeach.net) and [www.lagunabeach.com](http://www.lagunabeach.com) for more details.

### Getting There

Montage Resort & Spa is 30 minutes from Orange County Airport and 60 minutes from both Los Angeles and San Diego International Airports. For those attending the ASA, there are many nonstop flights daily from John Wayne to Las Vegas.

We have arranged discounted travel with American Airlines. Please call 800-433-1790 and reference Star File #12H4AD. Discounted car rental rates may be obtained from Avis using AWD#B136000."

### For More Information

We invite you to explore the Montage Laguna Beach Resort & Spa. Please visit the resort's website at:  
[www.montagelagunabeach.com](http://www.montagelagunabeach.com).

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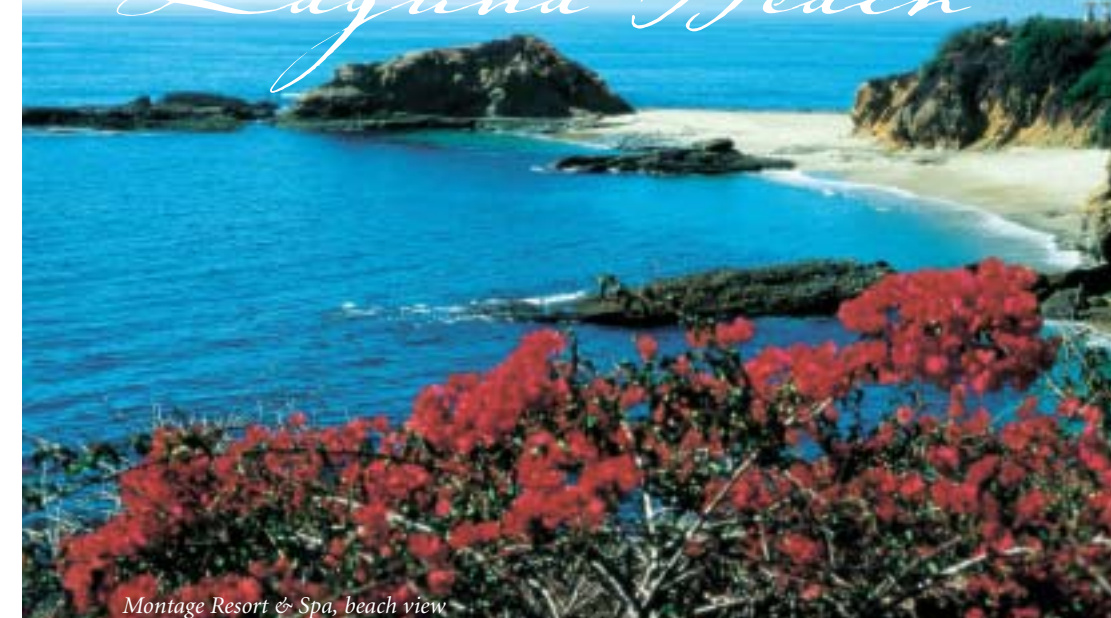


**Anesthesia Camp**  
**October 19-21, 2004**  
**Montage Resort & Spa**  
**Laguna Beach, California**

# Hit the Beach Before You Hit the Strip

THE ROAD TO LAS VEGAS BEGINS IN LAGUNA

*Laguna Beach*



Montage Resort & Spa, beach view

**Anesthesia Camp**  
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Montage Resort & Spa  
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**destination**CME  
[www.destinationCME.com](http://www.destinationCME.com)



Jointly sponsored by the Office of  
Continuing Medical Education at  
SUNY Upstate Medical University  
and destinationCME



Montage Resort & Spa pool, view from ocean

## ANESTHESIA CAMP



Montage Resort & Spa lobby

DestinationCME presents up-to-date clinical learning in a relaxed atmosphere. Designed to meet the specific educational needs of anesthesia professionals, each meeting combines the best of all worlds—an exceptional destination, renowned faculty, intimate classroom settings, informal networking, and an outstanding menu of amenities

and diversions in a luxury resort setting. The destinationCME experience revitalizes the mind, body and spirit!

Organized by John E. Ellis, M.D., founder of destinationCME, professor of Anesthesia and Critical Care, this course is accredited by the State University of New York (SUNY) Upstate Medical University. Dr. Ellis draws on many years of clinical, academic, and course development experience to present exciting learning opportunities for meet the demanding challenges of today's clinical environment.

A block of rooms has been reserved at Montage Resort & Spa at the rate of \$295 per night, single or double occupancy, run of house, which is applicable three days before and three days after the meeting. You must register and pay for the conference before making your room reservations. A room reservation form will be sent with your conference confirmation.



President's Suite Balcony

## SCHEDULE

### Tuesday, October 19, 2004

- 7:30 am Continental Breakfast
- 8:00 Real Age I: Add More Years to Your Life – *Dr. Roizen*
- 9:00 Real Age II: Add Better Years to Your Life – *Dr. Roizen*
- 10:00 Break
- 10:30 Obesity and Sleep Apnea – *Dr. Ellis*
- 11:30 Anesthesia for Major Abdominal Cancer Surgery – *Dr. Ellis*
- 12:30 pm Questions and Answers
- 1:00 Adjourn

### Wednesday, October 20, 2004

- 7:30 am Continental Breakfast
- 8:00 Diabetes Management – *Dr. Roizen*
- 9:00 Preoperative Evaluation – *Dr. Roizen*
- 10:00 Break
- 10:30 Perioperative Myocardial Ischemia and Infarction – *Dr. Ellis*
- 11:30 Anesthesia for Vascular Surgery – *Dr. Ellis*
- 12:30 pm Questions and Answers
- 1:00 Adjourn

### Thursday, October 21, 2004

- 7:30 am Continental Breakfast
- 8:00 Optimal Fast-Tracking Anesthetic Techniques – *Dr. White*
- 9:00 Role of Non-Opioid Analgesic Techniques – *Dr. White*
- 10:00 Break
- 10:30 Cost-effective Strategies for Preventing Postoperative Nausea and Vomiting – *Dr. White*
- 11:30 Cerebral Monitoring Devices: Do They Facilitate a Faster Recovery from Anesthesia? – *Dr. White*
- 12:30 pm Questions and Answers
- 1:00 Adjourn

Upon completion of this educational activity, participants will be able to:

1. pre-operatively identify high-risk patients,
2. manage outpatients for surgery with quicker emergence, less pain, and less nausea, and
3. manage patients undergoing complex procedures such as major cancer surgery and vascular surgery."

## FACULTY

### Michael F. Roizen, M.D.

Professor of Anesthesiology and of Internal Medicine  
State University of New York Upstate Medical University

### Paul F. White, Ph.D., M.D., FANZCA

Professor and Holder of the Margaret Milam McDermott  
Distinguished Chair of Anesthesiology  
University of Texas Southwestern Medical Center, Dallas

### John E. Ellis, M.D.

Professor of Anesthesia and Critical Care  
Pritzker School of Medicine, University of Chicago

## CREDIT

Approved by the American Association of Nurse Anesthetists for 13 CE credits; Code Number 26785; Expiration Date October 21, 2004.

SUNY Upstate Medical University designates this continuing medical education activity for a maximum of 12 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of SUNY Upstate Medical University and destinationCME. SUNY Upstate Medical University's accredited by the ACCME to provide continuing medical education for physicians.

This educational activity is supported by Baxter Pharmaceutical.

Faculty disclosure statements will be distributed at the meeting and are available at [www.destinationCME.com/disclosure](http://www.destinationCME.com/disclosure)

## REGISTRATION FORM

### Anesthesia Camp

October 19-21, 2004

The course fee is \$545 by August 15; \$595 after August 15, and includes the conference syllabus, reception, continental breakfasts and refreshment breaks. \$50 will be retained to cover administrative expenses should you cancel your registration. There will be no refunds after October 5, 2004.

You must register and pay for the conference before making your room reservations. A room reservation form will be sent with your conference confirmation. Your room reservations must be made by September 19, 2004 to guarantee the reduced rate. We recommend you register for the conference and make your hotel reservations early to take advantage of this remarkable opportunity.

Name \_\_\_\_\_

Day Phone \_\_\_\_\_ Fax \_\_\_\_\_

Specialty \_\_\_\_\_ E-mail \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Check should be made payable to **destinationCME LLC**

Check enclosed or charge \$ \_\_\_\_\_ to my Mastercard \_\_\_\_\_ Visa \_\_\_\_\_

Card Number \_\_\_\_\_ Exp Date \_\_\_\_\_

Signature \_\_\_\_\_

### Return to:

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